



# RHODE ISLAND DEPARTMENT OF PUBLIC SAFETY Municipal Police Training Academy

Community College of Rhode Island — Flanagan Campus  
1762 Louisquisset Pike, Lincoln, RI 02865-4585  
Telephone: (401) 722-5808 — Fax: (401) 722-3151



Colonel Ann C. Assumpico  
Superintendent, Rhode Island State Police  
Director, Department of Public Safety

Lieutenant Scott N. Raynes  
Executive Director  
RI Municipal Police Academy

### Test Date:

Name:		Gender:	
DOB:		Height:	
		Weight:	Age:
Sponsoring Agency(s):			

Assessment Battery	Score	Pass/Fail		Specialist Initials
		Pass	Fail	
1 Minute Push-Ups (#)		Pass	Fail	
1 Minute Sit-Ups (#)		Pass	Fail	
1.5 Mile Run (min:sec)		Pass	Fail	
300 Meter Run (sec.tenths)		Pass	Fail	

Assessment Battery	Male					Female				
	Age <20	Age 20-29	Age 30-39	Age 40-49	Age 50-59	Age <20	Age 20-29	Age 30-39	Age 40-49	Age 50-59
1 Minute Push-up	29.0	29.0	24.0	18.0	13.0	15.0	15.0	11.0	9.0	n/d
Sit Ups	41	38	35	29	24	32	32	25	20	14
1.5 Mile	12:38	12:38	12:58	13:50	15:06	14:50	14:50	15:43	16:31	18:07
300 Meter	59.0	59.0	58.9	72.0	83.2	71.0	71.0	79.0	94.0	n/d