



RHODE ISLAND DEPARTMENT OF PUBLIC SAFETY

Municipal Police Training Academy

Community College of Rhode Island — Flanagan Campus
 1762 Louisquisset Pike, Lincoln, RI 02865-4585
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Colonel Ann C. Assumpico
 Superintendent, Rhode Island State Police
 Director, Department of Public Safety

Lieutenant Christopher J. Zarrella
 Executive Director
 RI Municipal Police Academy

Test Date:

Name:		Gender:	
DOB:		Height:	
		Weight:	
		Age:	

Assessment Battery	Score	Pass/Fail		Specialist Initials
		Pass	Fail	
1 Minute Push-Ups (#)		Pass	Fail	
1 Minute Sit-Ups (#)		Pass	Fail	
1.5 Mile Run (min:sec)		Pass	Fail	
300 Meter Run (sec.tenths)		Pass	Fail	

Assessment Battery	Male					Female				
	Age <20	Age 20-29	Age 30-39	Age 40-49	Age 50-59	Age <20	Age 20-29	Age 30-39	Age 40-49	Age 50-59
1 Minute Push-up	29.0	29.0	24.0	18.0	13.0	15.0	15.0	11.0	9.0	n/d
Sit Ups	41	38	35	29	24	32	32	25	20	14
1.5 Mile	12:38	12:38	13:04	13:49	15:03	14:50	14:50	15:38	16:21	18:07
300 Meter	59.0	59.0	58.9	72.0	83.2	71.0	71.0	79.0	94.0	n/d