



**RHODE ISLAND DEPARTMENT OF PUBLIC SAFETY**  
**Municipal Police Training Academy**

*Community College of Rhode Island — Flanagan Campus*  
*1762 Louisquisset Pike, Lincoln, RI 02865-4585*  
*Telephone: (401) 722-5808 — Fax: (401) 722-3151*



Colonel Ann C. Assumpico  
Superintendent, Rhode Island State Police  
Director, Department of Public Safety

Lieutenant Scott N. Raynes  
Executive Director  
Municipal Police Training Academy

## **RIMPTA Training Announcement**

### **2018 PFS/PFAB UPDATE**

**Program Date: January 17, 2018**

**Time: 0900-1300 Hrs.**

**Location: Municipal Police Training Academy  
Classroom  
CCRI Flanagan Campus  
1762 Louisquisset Pike  
Lincoln, RI 02865**

The goal of the 2018 Physical Fitness Specialist/Physical Fitness Assessment Battery update is to discuss changes in the Academy Physical Fitness entry standards.

Attendees will receive copies of the most current physical fitness data tables. Raw score data changes will be identified and information regarding data tables maintenance will be shared. The 2018 PFS/PFAB Update will also discuss the importance of prudent test staging, assessment safety, recommendation to assist with candidates' readiness and the most recent Cooper Institute development regarding PFS certification.

Topics to be discussed:

- New Cooper Standards: 1.5 Mile Run changes
- Current Data Tables
- The Three Phases of Fitness Assessment Staging
- Assessment Safety and Medical Emergency Awareness and Recognition
- Most recent Cooper Institute developments

Who should attend? All personnel responsible for the administration of the Physical Fitness Assessment, including Cooper certified Physical Fitness Specialist and Academy trained Physical Fitness Assessment Battery cadre.

This workshop is offered **free** of charge. Please register early.

Uniform of the day or business casual attire required for this training

To register, please complete the attached registration form and fax or e-mail to Mrs. Donna Lavalley at (401) 722-3151, [donna.lavalley@risp.gov](mailto:donna.lavalley@risp.gov), by Friday January 12, 2018.

For more information regarding the Rhode Island Department of Public Safety Municipal Police Training Academy please go to: [www.rimpa.ri.gov](http://www.rimpa.ri.gov), click on Upcoming In-Service Training Opportunities.



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**PLEASE PRINT CLEARLY**

Course Title: <b>PFS/PFAB UPDATE 2018</b>		Police Department/Agency: (name and full address)	
Course Dates/Location: <b>January 17, 2018 Municipal Police Training Academy Classroom CCRI Flanagan Campus 1762 Louisquisset Pike Lincoln, RI 02865</b>	Contact Person (Supervisor):	Department/Business Phone:	
<b>PARTICIPANT(S) NAME &amp; RANK</b>			
1 <sup>st</sup> Selection:			
E-Mail Address:			
2 <sup>nd</sup> Selection:			
E-Mail Address:			
3 <sup>rd</sup> Selection:			
E-Mail Address:			
<b><u>Please FAX or Email this form to the attention of:</u></b>			
Mrs. Donna Lavallee at <a href="mailto:donna.lavallee@risp.gov">donna.lavallee@risp.gov</a> or (401) 722-3151 (Academy Fax)			
Please contact Captain David Ricciarelli at <a href="mailto:david.ricciarelli@risp.gov">david.ricciarelli@risp.gov</a> or (401) 722-7096, with any questions regarding this training. <b>RSVP by January 12, 2018</b>			