



RHODE ISLAND DEPARTMENT OF PUBLIC SAFETY
Municipal Police Training Academy

Community College of Rhode Island — Flanagan Campus
1762 Louisquisset Pike, Lincoln, RI 02865-4585
Telephone: (401) 722-5808 — Fax: (401) 722-3151



Colonel Ann C. Assumpico
Superintendent, Rhode Island State Police
Director, Department of Public Safety

Lieutenant Scott N. Raynes
Executive Director
Municipal Police Training Academy

RIMPTA Training Announcement

Mental Health First Aid

Program Date: January 25, 2018

Time: 0800-1700 Hours

**Location: RI Department of Public Safety
Municipal Police Training Academy
Classroom**

Hosted by the Rhode Island Department of Public Safety/Municipal Police Training Academy, Mental Health First Aid is an 8-hour course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance use problem or experiencing a crisis.

Mental Health First Aid does not teach police officers to be therapists. Rather it will teach them how to recognize the symptoms of mental health problems, how to provide initial help and how to go about guiding a person towards appropriate professional help. It also focuses on the stresses that officers are exposed to in the course of their duties and how that relates to maintaining good mental health.

Training Topics Include:

- Common Mental Health Problems
- What is Depression? Symptoms & Causes of Depression
- Treatment & Resources of Depression
- Crisis First Aid for Suicidal Behavior

Training Topics (Continued)

- Symptoms and Causes of Anxiety Disorders
- Treatment & Resources for Anxiety Disorders
- Crisis First Aid for Panic Attacks
- Symptoms & Causes for Psychotic Disorders & Psychosis
- Crisis First Aid for Psychotic Disorders and Psychosis,
- Crisis First Aid for Overdose Victims
- Maintaining good mental health of officers

Who should attend: All law enforcement and public safety personnel

Dress for this workshop will be uniform of the day or business casual attire.

This workshop is offered free of charge. Enrollment is limited to twenty attendees. A Mental Health First Aid Manual will be provided to all attendees. To register, please complete the attached registration form and fax or e-mail to Mrs. Donna Lavalley at (401) 722-3151, donna.lavalley@risp.gov, by Friday, January 19, 2018

For more information regarding the Rhode Island Department of Public Safety Municipal Police Training Academy please go to: www.rimpa.ri.gov.



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Mental Health First Aid

PLEASE PRINT CLEARLY

<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 5px;">Course Title:</td> </tr> <tr> <td style="padding: 5px; text-align: center;">Mental Health First Aid</td> </tr> </table>	Course Title:	Mental Health First Aid	Police Department/Agency: (name and full address)
Course Title:			
Mental Health First Aid			
Course Dates/Location: January 25, 2018 RI Department of Public Safety Municipal Police Training Academy Classroom	Contact Person (Supervisor):	Department/Business Phone:	
PARTICIPANT(S) NAME & RANK			
1 st Selection:			
E-Mail Address:			
2 nd Selection:			
E-Mail Address:			
3 rd Selection:			
E-Mail Address:			
<p><u>Please FAX or Email this form to the attention of:</u></p> <p>Mrs. Donna Lavallee at donna.lavallee@risp.gov or (401) 722-3151 (Academy Fax)</p> <p>Please contact Captain David Ricciarelli at david.ricciarelli@risp.gov or (401) 722-7096, with any questions regarding this training. RSVP by date January 19, 2018</p>			