



**RHODE ISLAND DEPARTMENT OF PUBLIC SAFETY**  
**Municipal Police Training Academy**

Community College of Rhode Island — Flanagan Campus  
1762 Louisquisset Pike, Lincoln, RI 02865-4585  
Telephone: (401) 722-5808 — Fax: (401) 722-3151



Colonel Ann C. Assumpico  
Superintendent, Rhode Island State Police  
Director, Department of Public Safety

Lieutenant Christopher J. Zarrella  
Executive Director  
Municipal Police Training Academy

## RIMPTA Training Announcement

### Physical Fitness Assessment Battery Certification

**Program Date:** August 21, 22 and 23, 2018

**Time:** 0800-1700 hours August 21 and 22  
0800-1300 hours August 23

**Location:** Municipal Police Training Academy  
Classroom  
CCRI Flanagan Campus  
1762 Louisquisset Pike  
Lincoln, RI 02865

The Physical Fitness Assessment Battery (PFAB) certification program trains police department members in the safe and efficient administration of the Rhode Island Department of Public Safety/Municipal Police Training Academy entry physical fitness test. A physical fitness assessment is an important part of the selection process. The Rhode Island Police Officers Commission on Standards and Training requires that prior to admission into the Basic Recruit Training Program, a candidate must be pre-screened in fitness at the department level. The PFAB certifies your personnel to administer this critical test.

**Special Notice:** The Cooper Institute no longer offers the Law Enforcement Physical Fitness Specialist certification program.

#### **COURSE OBJECTIVES:**

- Administration of the PFAB at the department level
- Understanding and addressing safety issues common to the administration of the PFAB
- Understand test defense through developing a working knowledge of case law, construct and criterion validity
- Understanding and utilizing the Cooper Institute Physical Fitness Data Tables
- Conduct a Physical Fitness Assessment Debriefing at the department level
- CPR/AED certification and common fitness assessment emergencies
- Understanding and working with fitness testing logistics

This workshop is offered **free** of charge. Please register early, seating is limited to 25 officers.

Dress code for this program will be Academy or department gym attire. Expect some moderate physical activity each training day.

To register, please complete the attached registration form and fax or e-mail to Mrs. Donna Lavalley at (401) 722-3151, [donna.lavalley@risp.gov](mailto:donna.lavalley@risp.gov), by Wednesday August 15, 2018.

For more information regarding the Rhode Island Department of Public Safety Municipal Police Training Academy please go to: [www.rimpa.ri.gov](http://www.rimpa.ri.gov), click on Upcoming In-Service Training Opportunities.



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**Physical Fitness Assessment Battery Certification**

**PLEASE PRINT CLEARLY**

Course Title:		Police Department/Agency: (name and full address)	
<b>Physical Fitness Assessment Battery Certification</b>			
Course Dates/Location: August 21, 22, 23, 2018 Municipal Police Training Academy Classroom CCRI Flanagan Campus 1762 Louisquisset Pike Lincoln, RI 02865	Contact Person (Supervisor):	Department/Business Phone:	
<b>PARTICIPANT(S) NAME &amp; RANK</b>			
1 <sup>st</sup> Selection:			
E-Mail Address:			
2 <sup>nd</sup> Selection:			
E-Mail Address:			
3 <sup>rd</sup> Selection:			
E-Mail Address:			
<b><u>Please FAX or Email this form to the attention of:</u></b>			
Mrs. Donna Lavallee at <a href="mailto:donna.lavallee@risp.gov">donna.lavallee@risp.gov</a> or (401) 722-3151 (Academy Fax)			
Please contact Captain David Ricciarelli at <a href="mailto:david.ricciarelli@risp.gov">david.ricciarelli@risp.gov</a> or (401) 722-7096, with any questions regarding this training. <b>RSVP by date August 15, 2018.</b>			